

Our nanny training courses equip, inspire and empower nannies, caregivers, teacher assistants and anyone working with children in the early years.

workshops WE OFFER

COMPREHENSIVE NANNY TRAINING

part 1

sneak peek

- 10 Qualities a nanny should have
- Boundaries when working with babies and children
 - Screen time
- How to change a nappy
- Safety tips for bath time
 - Water safety
- What to do in an emergency
 - Emergency contact list

COMPREHENSIVE NANNY TRAINING

part 2

sneak peek

- Recap of the characteristics
- Sleep Safe
- Self-regulation
- Tips & tricks for introducing solids
 - Time management skills
 - Areas of development
 - Toilet training
- Importance of routine
- Activities to stimulate the important areas of development

CHILD NUTRITION ESSENTIALS TRAINING

sneak peek

- How to raise healthy eaters
 - Basic kitchen safety
- Guidelines when preparing food
 - Fussy eaters
 - Foods to avoid before 1
 - Toddler food pyramid
 - How to make food fun
 - Portions and their sizes
 - Lunch and lunchbox ideas
- Food safety and hygiene for kids
- How to use measuring cups and

PRE-SCHOOL ASSISTANT WORKSHOP

sneak peek

- Qualities of a pre-school assistant
 - Duties and skills
 - Confidentiality
 - Being professional
- Personal hygiene and health
- The importance of hygiene
 - Nappy-changing steps
- Toilet training and procedures
 - How to talk to children
- Structured and unstructured play
 - Serve and return interaction

CLEVER COOK WORKSHOP

sneak peek

- Getting started in the kitchen
- Kitchen appliances and utensils
- Cooking equipment & appliances
 - How to use measuring cups
 - Organizing the kitchen
 - Basic kitchen safety rules
 - Food safety and hygiene
 - Basic cooking techniques
- Techniques for washing, cutting, chopping, and peeling
 - Using fresh ingredients

CHILDREN WITH SPECIAL NEEDS

sneak peek

- Skills of a special needs caregiver
 - Responsibilities of caregiver
 - Fine & gross motor skills
 - Types of special needs
 - Using visual supports
- Different types of therapists and what they specialize in
- Language & speech development
- How does sensory processing work
- How to enhance communication with special needs children

Each participant will receive a certificate at the end of the workshop. Everything they need for the workshop and refreshments will be provided.

WAIT,
THERE'S
more!



NEWBORN CARE WORKSHOP

sneak peek

- Introduction to newborn care
 - Health & hygiene
 - Feeding & nutrition
 - Sleep and comfort
- Safety and Emergency Procedures
- Health monitoring
- Emotional and social development
- Special situations
 - Stimulation

CHILDMINDERS AT A HOTEL/RESTAURANT WORKSHOP

sneak peek

- Child Safety and Welfare
- Emergency Preparedness
 - Customer Service and Communication
- Knowledge and skills to create a nurturing and stimulating environment
- Childcare for Children with Special Needs

DOMESTIC QUEEN WORKSHOP

CLEANING MASTERCLASS

sneak peek

- Safety & security
- Time management
- Work plan and shopping list
 - Cleaning modules
 - Attention to detail
 - How to communicate
- Conversation points for check-ins
 - Boundaries
- Know your rights
- Money matters



THE **NANNY** movement

RECRUIT

Our Recruitment Agency specializes in matching skilled nannies, domestic workers, caregivers, au pairs, and pre-school assistants with caring families.



WE ARE NOW OFFERING UIF SERVICES

AS A BRAND NEW ADD-ON OPTION!

We can assist you with all your UIF services needs: contributions, registrations, maternity leave, CCMA cases, employer/employment disputes, and much more.

